

## Special Dietary Requirements

TarGanGil provides a fully catered 3 meals per day set menu which changes daily. Being in a remote location with a small kitchen where self-catering is not possible, we can only cater for certain special dietary requirements (SDR). All members and guests (visitors) with SDR need to be aware of the following before requesting a booking and visiting the lodge:

- SDR meals are prepared alongside other food which does not exclude allergenic ingredients. Although the preparation is undertaken as carefully as possible in the kitchen, cross contamination risks cannot be completely avoided, and the lodge cannot guarantee meals will be free of allergens. **Due to the remote location and limited on-mountain medical facilities, any visitors with highly sensitive, severe food allergies and a history of anaphylactic reactions are encouraged to consider whether TarGanGil is an appropriate holiday destination.**
- Prior notification of SDR is required upon requesting a booking by providing as much detail as possible on your booking request form i.e. allergy/intolerance, sensitivity level (aerosol, direct/indirect contact), ability to self-exclude if served normal meals etc. If there are changes to a SDR between booking and staying at the lodge, please contact the booking officer as soon as possible to update your booking information. **If visitors do not notify of a SDR at the time of booking or the booking information does not reflect the correct information, we will not be able to provide a suitable alternate to the set menu during your stay as our ingredient orders are placed weeks in advance of a staying week.**
- It is requested that visitors with SDR bring any preferred breads, cereals and snacks etc.. The lodge does keep some items but there is limited variety and given our remote location, sourcing such items can be very difficult.

Please note, visitors with food preferences not listed as a SDR below, need to be aware that TarGanGil does not publish menus in advance and does not provide a cook to order service. TarGanGil provides a set menu that changes daily. All visitors (unless a SDR has been notified in advance of staying at the lodge) will be served the same meal. The kitchen is unable to modify meals to specific visitors likes/dislikes.

### SDR the lodge can cater for

The lodge caters for the following SDR by modifying our set menu, however **visitors must declare the specific SDR on their booking request form and keep the lodge informed of any changes prior to staying to ensure the kitchen is provisioned appropriately prior to arrival:**

*Food allergies (mild/moderate) and intolerances* — specifically dairy/lactose free, fish and shellfish, gluten free/coeliac disease, specific vegetable or protein intolerances/allergies (excluding those listed below)

*Special dietary requirements* – vegetarian and pregnancy



For the above SDR, please be aware modified meals may be simpler and/or very different than what is served to other visitors.

In addition to the above, the lodge also has a limited capacity to modify certain meals for the following SDR, however they are considered on a case-by-case basis upon booking request form submission as they are more difficult to accommodate in our small kitchen:

*Food allergies (mild/moderate) and intolerances* —egg, nut free, wheat, soy, onion and garlic.

For the above SDR, please be aware modified meals may be simpler and/or very different than what is served to other visitors.

### SDR the lodge unable to cater for

Whilst TarGanGil endeavors to accommodate a variety of dietary requirements, unfortunately we are unable to accommodate the following SDR;

*Food allergies and intolerances* — Any highly sensitive, severe food allergy with a history of anaphylactic reactions, multiple allergens (3+) and FODMAP;

*Special dietary requirements* — Vegan and Paleo;

*Religious reasons* — halal, Kosher - we welcome visitors from culturally diverse backgrounds, however sourcing of certified products and strict segregation of food during storage, processing and serving is unfortunately unable to be catered for in our small and remote kitchen. We remain open to discussing the needs of potential visitors for this SDR category on a case-by-case basis.

We encourage visitors with these SDR to consider other accommodation options at Charlotte Pass which allow self-catering.